

Please note, for this Sunday 19th March only, due to the colour belt grading in High Wycombe being on the same day, that there will be NO classes running at the Maidenhead Club at The Braywick Leisure Centre.

Our Beaconsfield club will be training with altered times as follows:

9.00 a.m. - 10.00 a.m. - Brown, Brown/White stripe, Brown/Red stripe, Brown/Black stripe and Black belts

10.00 a.m. - 10.30 a.m. - Beginners/White belts

10.30 a.m. - 11.15 a.m. - Blue, Red, Orange, Yellow, Green, Purple and Purple/White stripe belts.

All other classes at Chalfont, Berkhamsted and Amersham clubs are unaffected and will continue as normal.

For all students who will miss a class, please feel free to attend a class at any of Shihan's other clubs to make up your session. You do not need to ask or let us know in advance, just let the secretary know when you register that you are making up a missed class.

Kind regards.

Mrs Moody
TISKA Karate Head Office